

Prince Edward Family Health Team

Cardiac Rehab Program

Medication Information

<i>Type of medication and examples</i>	<i>Am I taking one of these?</i>	<i>What the medication does</i>
ACE Inhibitor (ends in "pril") Perindopril (Coversyl) Ramipril (Altace)		Lowers blood pressure and decreases the strain on the heart
Anti-platelet agents ASA (Aspirin) Clopidogrel (Plavix) Ticagrelor (Brilinta)		Lowers the risk of blood clot formation, especially after heart attack, bypass, stents
ARB (ends in "sartan") Candesartan (Atacand) Losartan (Cozaar) Valsartan (Diovan)		Works like the ACE inhibitors, but doesn't cause an annoying cough
Beta Blocker (ends in "lol") Bisoprolol Carvedilol Metoprolol		Lowers blood pressure, decreases strain on the heart and slows down heart rate
Blood Thinner or anticoagulant Warfarin Apixaban (Eliquis) Dabigatran (Pradaxa) Rivaroxaban (Xarelto)		Lowers the risk of blood clot formation, especially if you have atrial fibrillation
Calcium channel blocker Amlodipine (Norvasc) Diltiazem (Cardizem/Tiazac) Nifedipine (Adalat)		Lowers blood pressure, decreases strain on the heart and helps prevent angina
Diuretic Furosemide Hydrochlorothiazide Spironolactone		Decreases blood pressure and fluid retention by getting rid of excess water. Also called a "water pill"
Nitrates Nitroglycerin patch Nitroglycerin spray		Relaxes blood vessels and increases blood supply to the heart. Used for chest pain
Statin Atorvastatin (Lipitor) Rosuvastatin (Crestor)		Lowers the level of cholesterol in the body by stopping your own production of it