

Foot Care Community Resources List (revised June 2020)

ADVANCED FOOT CARE NURSES:	Phone	Website	Address	Additional Info
Community Care for Seniors (CCFS)	(613) 476-7493	www.communitycareforseniors.org	Offices in Wellington, Rossmore and Picton.	\$30 – Initial \$25 – Ongoing. *PEFHT partnership. Advanced Foot Care Nurses.
One Step Foot Care – Shannon Bowers	(613) 243-2342	none	PEC based mobile foot care	\$40, in home. Advanced Foot Care.
BioPed Foot Care and Orthotics	(613) 968-9114	https://www.bioped.com	1-173 Dundas Street East Belleville, ON K8N 1C9	\$20, in office * Advanced Foot Care Nurse. Tuesdays & Thursdays
CareFoot Center	(613) 885-8311	https://carefoot.janeapp.com	314 County Rd 8, Side Door, Picton	\$35, in home. Advanced Foot Care.
Paramed Home HealthCare Belleville	(613) 969-5258	https://www.paramed.com	100 Bell Blvd Suite 330, Belleville, ON K8P 4Y7	\$51, in home (RPN)
Karen Haddon- RPN	(613) 967-5669	none		\$35, in home. Advanced Foot Care
Suzanne Chatten- RPN	(613) 848-7383	FootAngel7		In home. Advanced Foot Care.
CHIROPODISTS:				
Belleville Foot and Ankle and Orthotic clinic	(613) 962-8787	footguy04@gmail.com	470 Dundas St. E. Belleville, Bayview Mall	
Quinte Footcare Clinic	(613) 394-5454	http://www.quintefootcare.com	82 Dundas St. E., Trenton	Dr. Daniel Tolj/ Dr. Tammy Keller
Step by Step Orthotic, Mobility & Gait Clinic	(613) 689-2224	www.stepbystepomg.ca	116 Pinnacle St., Belleville	Dr. Alnoor Ladhani
ORTHOTIC SERVICES:				
Eagle Orthotics	(613) 968-3330	https://www.eagleorthopaedics.com	5973 Hwy #2 E., Tyendinaga	
Family Foot & Wellness Centre	(613) 645-3668	footandwellnesscentre@gmail.com	45 Main St. Picton	
Step by Step Orthotic, Mobility & Gait	(613) 689-2224	www.stepbystepomg.ca	116 Pinnacle St., Belleville	
Your Shoe Store Repairs	(613) 966-7699	https://yourshoestorerepairs.com	243 North Front St.,	Shoe repairs, Belleville
PEDORTHISTS:				
Becker Shoes – Jack McAlpine	(613) 968-3113	https://www.beckershoes.com/	Quinte Mall, Belleville	OTC insole advice
Pure Motion Pedorthics- Kati Whalen	(613) 743-5284	Kwhalencpedc@gmail.com	Belleville and Napanee	Compression, Orthotics, Knee brace
FOOTWEAR:				
Crowe's Footwear Picton				¾ Birk's insole for arch support
Ortho Health Supplies	(613) 476-3088		129 Main St. Picton	Closed in fall/winter
Quinte Ortho	(613) 962-2040	http://www.quinteortho.com		Belleville
Shoes for swollen feet...		https://eu.vibram.com/en/shop/furoshiki/	The Wrapping Sole-	Japanese Expanding Shoes- online
V2 Innovations	(613) 767-2641	https://v2innovations.ca	Kingston	Orthopaedic Shoes
Shoes for extra wide feet...		Sport Chek- Nike Air Monarch 4E (sale in the Spring and Fall)	Walmart-	Sketchers X wide with velcro closure