

## Good websites for medication information

1. General medication info – from American Society of Health-System Pharmacists  
[www.safemedication.com](http://www.safemedication.com)
2. Heart and Stroke foundation – look under heart disease - treatment  
[www.heartandstroke.ca](http://www.heartandstroke.ca)
3. Herbal and natural products  
<http://www.mskcc.org/cancer-care/integrative-medicine/about-herbs>  
(aimed at cancer patients, but contains good general info about many herbals)
4. Medication management, list, reminders  
<http://www.knowledgeisthebestmedicine.org/index.php/en>  
(includes link to My Med Rec iPhone app)