

## Prince Edward County

### Breastfeeding and Labour & Delivery Class Schedule

*Expectant parents are encouraged to attend these FREE informative classes to further their prenatal education on the following topics:*

#### Breastfeeding

6pm – 8:00pm

Picton Location: 10 McFarland Dr (The Hub Child Care Center)

Available Dates:

**April 20<sup>th</sup> 2022 (Wednesday)**

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#### Labour and Delivery

6pm – 8:00pm

Picton Location: 10 McFarland Dr (The Hub Child Care Center)

Available Dates:

**April 21<sup>st</sup> 2022 (Thursday)**

To Register, Please Call or Email Jennifer Howting  
of the Prince Edward Family Health Team:

**613-476-0400 Ext. 238**

**Instructor Information:**

Jennifer Howting, RN, BScN, IBCLC

Maternal Infant Child Program

Email: [jhowting@pefht.com](mailto:jhowting@pefht.com)

[www.pefht.ca](http://www.pefht.ca)



***Support persons are encouraged to attend***

**Online prenatal education is also offered through the In-Joy eClasses. Expectant parents are encouraged to complete the online education before the in-person classes but it is not necessary. Please call for registration information**