

Physical Activity Directory

Prince Edward County

The Physical Activity Network of Hastings and Prince Edward counties compiled this directory of physical activity opportunities. It is intended to make people aware of ways to be physically active and is for personal use only.

Category	Organization Or Activity	Contact Information	Address & Website
Activity Pad	Outdoor Rink for skating, hockey, all hockey and roller blading.	Prince Edward County Operations 613-476-2148 x 4000 Site: 613-476-3605 bookings@pecounty.on.ca	Friendship Lane, Demorestville. www.pecounty.on.ca
Arenas (Public Skate, Hockey, Ice Rentals)	Prince Edward Community Centre	Prince Edward Community Centre 613-476-2148 x. 5003 Site: 613-476-2148 x. 5021 bookings@pecounty.on.ca	375 Main Street, Picton K0k2t0 www.pecounty.on.ca
(Public Skate, Hockey, Ice Rentals)	Wellington District Community Centre	Prince Edward Community Centre 613-476-2148 x. 5003 Site: 613-476-2148 x. 5041 bookings@pecounty.on.ca	111 Belleville Street, Wellington www.pecounty.on.ca
Aquatics	Aquafitness, Swimming Lessons & Lap Swimming	Prince Edward Fitness and Aquatic Centre: Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
ATV Rider Training		Dave Haney 613-476-3090 or 613-798-4250 info@atvtrainingontario.ca	www.atvtrainingontario.com
Badminton	Picton Recreation Committee	Prince Edward County Recreation Committee 613-476-2148 x. 1023 info@pecounty.on.ca	www.pecounty.on.ca/government/rec_Parks_culture/rec_culture/committees.php
Ball Hockey	Picton Minor Ball Hockey League	Steve St. Pierre 613-849-3467 pecmbha@gmail.com	1813 County Road 14, Picton
Baseball	P.E.C Minor Baseball Assoc.	Matt Ronan: 613-476-8550 John Allison: 613-399-3351	www.countybaseball.org
	Ladies Fastball	Janice Powell 613-476-3663	
	Roblin Lake Ladies League	Elizabeth Dodson 613-399-1937	

	Wellington/Bloomfield Men	Dave Simpson 613-399-1897	
	Hardball	John Allison 613-399-3351	
Ball Diamonds	Picton Fairgrounds	Prince Edward County Operations 613-476-2148 x 4000 bookings@pecounty.on.ca	375 Main Street, Picton www.pecounty.on.ca
	Roblin Lake Park	Prince Edward County Operations 613-476-2148 x 4000 bookings@pecounty.on.ca	Coleman Street, Ameliasburgh www.pecounty.on.ca
	Wellington Ball Park	Prince Edward County Operations 613-476-2148 x 4000 bookings@pecounty.on.ca	Niles and Belleville St., Wellington www.pecounty.on.ca
	Westfall Ball Park	Prince Edward County Operations 613-476-2148 x 4000 bookings@pecounty.on.ca	
	Wilkinson Memorial Park	Prince Edward County Operations 613-476-2148 x 4000 bookings@pecounty.on.ca	
Basketball	Prince Edward County Minor Basketball Association	County Clippers Rob Garden info@countyclippers.ca	ww.countyclippers.ca/
Beaches/ Pools	Ameliasburgh Beach-Roblin Lake	Prince Edward County Operations 613-476-2148 x 4000 operations@pecounty.on.ca	
	North Beach Provincial Park	613-393-3319 (September to June) 613-399-2030 (3rd week of June to Labour Day)	440 North Beach Rd, Consecon https://www.ontarioparks.com/park/northbeach
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Sandbanks Provincial park	(613) 393-3319	3004 County Rd. 12 RR#1 Picton http://www.ontarioparks.com/park/sandbanks
	Wellington Beach	Prince Edward County Operations 613-476-2148 x 4000 operations@pecounty.on.ca	
Biking	Bloomfield Bicycle Co.	613-393-1060	225 Bloomfield Main St, Bloomfield http://www.bloomfieldbicycle.ca/
	County Kids of Steel Triathlon	Jay: jay@countykidsofsteel.ca Rick: rick@countykidsofsteel.ca	13263B Loyalist Pkwy, Picton http://countykidsofsteel.ca/

		Krista: volunteer@countykidsofsteel.ca	
	Macaulay Mountain	Quinte Conservation 613-968-3434 or 613-354-3312	224 County Road 8, Picton www.quinteconservation.ca
	Sandbanks Provincial Park	(613) 393-3319	3004 County Rd. 12 RR#1 Picton http://www.ontarioparks.com/park/sandbanks
Bowling (Wii Bowling)	PEC Community Care for Seniors Association	613-476-7493, registration required info@communitycareforseniors.org	74A King Street, Picton www.communitycareforseniors.org
Camps (Summer Day Camps)	Camp Star	Kathleen Foster-Morgan 613-476-1128 info@edithfoxcentre.org	Edith Fox Centre for Life and Loss 13360 Loyalist Parkway, Picton www.edithfoxcentre.org
	Guitar Camp	Don Hinde 613-476-7125	Mt. Tabor Theatre, Milford
	Horseback Riding Camp	Hadherway Farms Sandra Karaz 613-399-1467 or 613-827-8430 S_karaz@hotmail.com Tanglewood Farm & Equestrian Centre 613-392-8239 tanglewoodhorses@hotmail.com	251 Swamp College Road, Hillier http://hadherwayfarms.com/ 31 Zufelt Rd, Prince Edward County http://tanglewoodhorses.webs.com/
	Pleasant Bay Camp	Bernice Kerr 613-242-1716 thekerrs@cogeco.ca	https://pleasantbaycamp.org/
	Picton Martial Arts & Fitness	Jason G. Bilodeau 613-847-0316 info@pictonmartialarts.ca	256 Main Street, Picton http://pictonmartialarts.ca/
	The HUB Child Care Centre	Margia McConnell 613-476-5566	10 McFarland Court, Picton 1115 County Road #, Belleville (Massassauga-Rednersville Site) http://thehubcentre.ca/
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca

	Prince Edward Yacht Club	Junior Sailing School John Uings 613-471-1882 John.uings@gmail.com or 613-476-5585 info@peyc.ca	30 Fairfield Street, Picton www.peyc.ca
	ROC- Recreation Outreach Centre	Darlene Thompson 613-476-790 x. 219 darlene@theroc.ca	www.theROC.ca
	Soccer Camp British Soccer	Prince Edward County Soccer Association 613-503-0215	www.challengersports.com
	Spark Box Studio	Chrissy Poitras chrissy@sparkboxstudio.com 613-476-0337	885 County Road 5, Picton http://sparkboxstudio.com/workshops/
	Wesley Acres Kid's Camp	Harbour Ridge Camps harbourridge@wesleyacres.com 613-393-3159	1391 Wesley Acres Road, Prince Edward https://www.wesleyacres.com/
	West Lake Watersports Kids Camp	West Lake Watersports 613-393-1095 westlakewilly@gmail.com	191 Winns Drive, Prince Edward http://princeedwardcountylvacation.com/westlake-watersports-kids-camp/
Canoeing	Nature Stuff Tours & Things	Terry Sprague 613-476-5072 tsprague@kos.net	23 Sprague Road, Demorestville http://naturestuff.net/site/
	Sandbanks Provincial Park	613-393-3319	3004 County Rd. 12 RR#1 Picton http://www.ontarioparks.com/park/sandbanks
	Sunrise Cottage Resort & Canoe Rentals	Dave & Marilyn Ashton 613-399-3914 sunrisecottageresort@bellnet.ca	15841 Loyalist Parkway, Bloomfield http://www.sunrisecottageresort.com/
Cross Country Ski Trails	Millenium Trail	Prince Edward County Operations 613-476-1248 x 4000 operations@pecounty.on.ca	Carrying Place to just past Picton www.thecounty.ca
	Nature Stuff Tours & Things	Terry Sprague 613-476-5072 tsprague@kos.net	23 Sprague Road, Demorestville http://naturestuff.net/site/
	Sandbanks Provincial park	613-393-3319	3004 County Rd. 12 RR#1 Picton

			http://www.ontarioparks.com/park/sandbanks
Curling	Prince Edward Curling Club	613-476-3040 info@pecurling.com	375 Main Street, Picton www.pecurling.com
Dancing	Prince Edward County Scottish Country Dancers	Sheila Keller 613-393-2955 ckeller@sympatico.ca	Picton Town Hall 2 Ross Street, Picton
	County School of Dance	Brenda Moran-Cunningham 613-476-3256	311 Main Street, Picton (Rear Entrance) http://countyschoolofdance.wixsite.com/countyschoolofdance
	Wellington Recreation Committee	Prince Edward County Recreation Committee 613-476-2148 x 1023	Wellington Town Hall www.thecounty.ca
Figure Skating	Prince Edward County Figure Skating Club	Saskia Koning 613-399-5605	72 King Street, Picton
Fitness Centres & Classes	The County Club Fitness & Spa	613-476-8787 Jennifer@thecountyclub.ca	259 Main Street, Picton
	Fitness Powers	Tracy Powers 613-471-1515 or 613-391-7129 fitnesspowers@gmail.com	231 Main Street, Picton www.fitnesspowers.ca
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Everfit Studios	Kathy Mcalpine-Terpstra 613-476-5289	www.everfitstudios.ca
	Mindful Movements	Kym Riley kym@mminthecounty.ca	19 Elks Street, Picton https://www.mindfulmovementsinthecounty.ca/
Golf	Barcovan Golf Club	613-475-2155	1412 County Road 64, Carrying Place
	Briar Fox Gold & Country Club	613-396-2433	7451 Old Highway 2, Marysville
	Cady Shack Miniature Golf	613-393-2233	2047 County Road 18 (Just outside Sandbanks Provincial Park)
	Picton Golf & Country Club	613-476-2222	734 Highway 49, Picton www.pictongolf.ca

	Quinte's Isle Campark	The Ward Family 613-476-6310	RR#1, Cherry Valley www.qicampark.com
	Wellington On the Lake Golf	613-399-2357	157 Prince Edward Drive, Wellington www.golfwellington.ca
Hiking	Beaver Meadows Wildlife Area	Quinte Conservation 613-476-7408	County Road 11, Cherry Valley www.quinteconservation.ca
	Demorestville Dam Conservation Area	Quinte Conservation 613-968-3434	Demorestville www.quinteconservation.ca
	Harry Smith Area	Quinte Conservation 613-968-3434	Ameliasburgh www.quinteconservation.ca
	Little Bluff	Quinte Conservation 613-968-3434	County Road 13 From South Bay, PEC www.quinteconservation.ca
	Macaulay Mountain	Quinte Conservation 613-968-3434	224 County Road 8, Picton www.quinteconservation.ca
	Massassauga Point Conservation Area	Quinte Conservation 613-968-3434	Off Highway 62 and County Road 28, South of Belleville www.quinteconservation.ca
	Nature Stuff Tours & things	Terry Sprague 613-476-5072 tsprague@kos.net	23 Sprague Road, Demorestville http://naturestuff.net/site/
	Sandbanks Provincial Park	613-393-3319	3004 County Rd. 12 RR#1 Picton http://www.ontarioparks.com/park/sandbanks
Hockey	Gentlemen's Hockey League	Nick Deroche 613-848-2251	
	4 on 4 Hockey for Novice to Midget	Ben Cowan jrhouseleague@pecmha.com	https://pecmha.com
	Hockey Camps	Wellington Dukes 613-399-2292	Essroc Arena 111 Belleville Street, Wellington www.wellingtondukes.com

	Old Timers Hockey League	Kirk Reynolds 613-476-3845	
	P.E.C Minor Hockey	Darren Marshall (President) darrenmarshall6@hotmail.com	https://pecmha.com
	Picton Pirates	Chris Masterson 613-661-0990	http://pictonpirates.ca/
	Wellington Dukes Junior A Hockey	613-399-2292 info.wellingtondukeshockey@gmail.com	
	Women's Hockey League Picton	Julie Miller jamiller@sympatico.ca	
	Women's Hockey Wellington	Jane Allison 613-399-3351 Lynn Ward 613-399-3470 Sportsnut2u13@yahoo.ca	
Horseback Riding	Diamond J Ranch	613-476-6474 diamondjranch.on.aibn@eastlink.ca	11967 Loyalist Parkway, Picton http://diamondjranch.ca/
Jui-Jitsu	Picton Martial Arts	61-847-0316 info@PictonMartialArts.ca	256 Main Street, Picton www.pictonmartialarts.ca
Kayaking	Sunrise Cottage Resort	Dave & Marilyn Ashton 613-399-3914 sunrisecottageresort@bellnet.ca	15841 Loyalist Parkway, Bloomfield http://www.sunrisecottageresort.com/
	Nature Stuff Tours & Things	Terry Sprague 613-476-5072 tsprague@kos.net	23 Sprague Road, Demorestville http://naturestuff.net/site/
	Sandbanks Provincial Park	613-399-3319	3004 County Rd. 12 RR#1 Picton http://www.ontarioparks.com/park/sandbanks
Pickleball	The PEC Community Care for Seniors Association	613-476-7493	http://www.communitycareforseniors.org/
	Picton Recreation Committee	Emery Niles eniles@interlog.com	
Paintball	Rapidfire Paintball	613-399-2280 curtis@rapidfirepaintball.ca	522 Gilead Road, Bloomfield www.rapidfirepaintball.ca

Pilates	Heron House Pilates and Yoga	Denise Galloway, Personal Trainer 613-476-4494 hhpilatesyoga@gmail.com	40 Hill Street, Picton www.hhpilatesyoga.com
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Fitness Powers	Tracy Powers 613-471-1515 fitnesspowers@gmail.com	231 Main Street, Picton www.fitnesspowers.ca
	Wellington Recreation Committee	Jennifer Cobb, Instructor 613-399-5222 Jennifer.cobb@live.com	Wellington Town Hall 246 Main Street, Wellington
	Mindful Movements	Kym Riley kym@mminthecounty.ca	19 Elks Street, Picton
Playgrounds	Benson Park	Prince Edward County Operations 613-476-2148 ext. 4000	56 King Street, Picton www.thecounty.ca
	Centennial Northport Park	Prince Edward County Operations 613-476-2148 ext. 4000	Demorestville www.thecounty.ca
	Delhi Park	Prince Edward County Operations 613-476-2148 ext. 4000	Lalor Street, Picton www.thecounty.ca
	Jack Taylor Park	Prince Edward County Operations 613-476-2148 ext. 4000	Highway 33, Hillier www.thecounty.ca
	Mill Pond Park	Prince Edward County Operations 613-476-2148 ext. 4000	Mill Street, Bloomfield www.thecounty.ca
	Rotary Park	Prince Edward County Operations 613-476-2148 ext. 4000	Ontario Street, Picton www.thecounty.ca
	Wellington Main Street Park	Prince Edward County Operations 613-476-2148 ext. 4000	Main Street, Wellington www.thecounty.ca
	Westfall Memorial Park	Prince Edward County Operations 613-476-2148 ext. 4000	Highway 33, Carrying Place www.thecounty.ca
	Wilkinson Memorial Park	Prince Edward County Operations 613-476-2148 ext. 4000	County Road 8, Waupoos www.thecounty.ca
Power Skating	Prince Edward Figure Skating Association	Saskia Koning 613-399-5605	72 King Street, Picton

Recreation	Recreation Outreach Centre	Darlene Thompson 613-476-790 x. 219 darlene@theroc.ca	www.theROC.ca
Sailing	Prince Edward Yacht Club	613-476-5585 info@peyc.ca	30 Fairfield Street, Picton www.peyc.ca
Scuba Diving	Ducks Dive Charters and Cottages	Susan Yankoo 613-476-3764	5535 Long Point Road, Point Traverse, Picton www.ducksdive.com
Skateboarding	Skateboard Park	Prince Edward Community Centre 613-476-2148 ext. 5021	375 Main Street, Picton www.thecounty.ca
Skating	See Arenas		
Snowshoeing	Millenium Trail	Operations 613-476-2148 ext. 4000 operations@pecounty.on.ca	www.thecounty.ca
	Sandbanks Provincial Park	613-393-3319	3004 County Rd. 12 RR#1 Picton http://www.ontarioparks.com/park/sandbanks
Soccer	Prince Edward County Soccer Association	Pam McRae 613-471-1617	
Soccer Fields	Johnson street	Prince Edward County Operations 613-476-2148 ext.4000 operations@pecounty.on.ca	Johnston Street, Picton www.thecounty.ca
	Westfall Memorial Park	Prince Edward County Operations 613-476-2148 ext. 4000 operations@pecounty.on.ca	Ameliasburgh at Carrying Place www.thecounty.ca
Squash	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
Swimming Club	Quinte Dolphins Swim Club	quintedolphins@gmail.com	Prince Edward Fitness & Aquatic Centre www.quintedolphins.ca
Swimming Pools & Aquatics	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Picton Splash Pad	PictonSplashPad@gmail.com	375 Main Street, Picton
Tai-Chi	The PEC Community Care for Seniors Association	613-476-7493, Registration Required	http://www.communitycareforseniors.org/

Tennis Courts	Ameliasburgh	Operations 613-476-2148 ext. 4000 operations@pecounty.on.ca	www.thecounty.ca
	Bloomfield Mill Street Par	Operations 613-476-2148 ext. 4000 operations@pecounty.on.ca	Brick Street www.thecounty.ca
	P.E.C.I	Hastings and Prince Edward District School Board	
	Wellington	Operations 613-476-2148 ext. 4000 operations@pecounty.on.ca	Niles Street www.thecounty.ca
	Wilkinson Memorial Park, Waupoos	Operations 613-476-2148 ext. 4000 operations@pecounty.on.ca	www.thecounty.ca
Volley Ball	Picton Recreation Committee	Prince Edward Recreation Committee 613-476-2148 ext. 1023 info@pecounty.on.ca	www.thecounty.on.ca
Walking Clubs (Indoor Walking)	Community Care for Seniors Association	613-476-7493 Call to Register	http://www.communitycareforseniors.org/ Monday-Friday @ PECI, CML and the Wellington & District Community Centre
	Indoor Walking Track	Prince Edward Community Centre 613-476-2148 ext. 5041	Wellington and District Community Centre 111 Belleville Street, Wellington www.thecounty.ca
Walking/Trails	See Hiking		
Waterpark	West Lake Willy's Waterpark	613-393-1095	131 Winns Drive, Picton
Youth Programs & Activities	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Recreation Outreach Centre	Darlene Thompson 613-476-790 x. 219 darlene@theroc.ca	www.theROC.ca
Yoga	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Fitness Powers	Tracy Powers 613-471-1515 fitnesspowers@gmail.com	231 Main Street, Picton www.fitnesspowers.ca

	Mountainview Women's Institute	Nancy wood 613-969-8228	Ameliasburgh Town Hall 19 Coleman Street, Ameliasburgh
	Heron House Pilates and Yoga	Denise Galloway, Personal Trainer 613-476-4494 hhpilatesyoga@gmail.com	
	Indigo Yoga	Sacha Clarke-Squair 613-399-1500 ssquair@kos.net	17811 Loyalist Parkway, Rosehall www.indigoyogacentre.ca
	Yoga	Jamie Pennock-613-476-2974 Dr. Ruth Floros- 613-476-6223 jpennock@kos.net	16 Centre Street, Picton
	Sandbanks Yoga	Betsy MacKinnon 613-399-3463 Mackinnon.betsy@gmail.com	www.sandbanksyoga.com
	Everfit	Kathy Mcalpine-Terpstra 613-476-5289	www.everfit.ca
	Mindful Movements	Kym Riley kym@mminthecounty.ca	19 Elks Street, Picton https://www.mindfulmovementsinthecounty.ca/
	Harmanie Yoga	613-391-8433 Melanie@harmaniyoga.ca	31 First Avenue, Wellington www.harmanieyoga.com
Zumba	Fitness Powers	Tracy Powers 613-471-1515 fitnesspowers@gmail.com	231 Main Street, Picton www.fitnesspowers.ca
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca