

Prince Edward Family Health Team Vision

Prince Edward County residents have the best possible health throughout life.



(January, 2020)

Prince Edward Family Health Team has multiple locations in Prince Edward County.

For more information:
(613) 476-0400 ext. 238
www.pefht.ca

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A Caregiver's Guide to Well-Baby Checks



Guide to Understanding Developmental Milestones, Well-Baby Checks and Immunizations

www.pefht.ca

At each Well-Baby Check you can expect:

- ✓ A brief physical assessment including listening to heart and lung sounds, height, weight, head circumference
- ✓ Inquiries about child eating habits, sleeping habits, and development
- ✓ An opportunity to ask questions in a non-judgmental environment
- ✓ Voice your concerns for your child to health care professionals

Nipissing Developmental Screen

The Nipissing Developmental Screen will be completed at each visit to provide a snapshot of your child's development. The checklist will cover developmental areas such as vision, hearing, emotional, fine motor, gross skill, social, self-help, communication, and learning thinking.

By 2 Months does your child:

- Startle or wake to loud noises?
- Stop crying when comforted by you?
- Have different cries and sounds?
- Feed every 2-4 hours during the day?
- Lift head when on tummy?

By 4 Months does your child:

- Make some sounds when looking at toys or people?
- Respond to you by making sounds and moving arms and legs?
- Lift head and chest and support self on forearms when placed on tummy?
- Reach for an object briefly when placed in hand?

By 6 Months does your child:

- Turn head and look in the direction of a new sound?
- Respond to own name?
- Roll from back to side?
- Sit with support?
- Pat and pull at your hair, glasses, or face?

By 9 Months does your child:

- Imitate facial expressions?
- Babble a series of different sounds?
- Attempt to move by crawling, "bum" shuffling, or pivoting on tummy?
- Pick up small items using thumb and first finger?

By 12 Months does your child:

- Understand simple requests and questions?
- Consistently use three or more words?
- Crawl or "bum" shuffle easily?
- Pull up to stand at furniture?
- Show many emotions such as affection, anger, joy or fear?

By 15 Months does your child:

- Use five or more words?
- Use connected sounds that seem like little stories?
- Respond to own name when called?
- Recognize some body parts on self and on dolls?
- Stack two blocks?

Immunizations

DTap-IPV Hib—Vaccine administered at 2, 4, 6 & 18 months to protect against Diphtheria, Tetanus, Acellular pertussis (whooping cough), Polio & Bacterial Influenza

Pneu-c-13-Administered at 2, 4 & 12 months to protect against 13 types of Pneumococcal bacteria that cause Pneumococcal infections

Rot-Oral vaccine administered at 2, 4 & 6 months to protect against Rotavirus

Men-C-Administered at 12 months to protect against Meningococcal Infection

MMR-Three in one vaccine administered at 12 months to protect against Measles, Mumps & Rubella

Var-Chickenpox vaccine (Varicella) administered at 15 months